

REPORT TO:	HEALTH AND WELLBEING BOARD 19 January 2022
SUBJECT:	Transforming Mental Health Services for Children, Young People (0-25) and their families across South West London – Local Transformation Plan Refresh 2021
BOARD SPONSOR:	Matthew Kershaw - Chief Executive and Place Based Leader for Health Croydon Health Services NHS Trust
PUBLIC/EXEMPT:	Public

SUMMARY OF REPORT:

This report provides members with the refreshed Children and Young People's Emotional Wellbeing and Mental Health Local Transformation Plan for 2021. In previous years, 2015 to 2019, an annual refresh of a Croydon specific Local Transformation Plan was produced and submitted to NHS England for assurance.

The 2021 refreshed plan combines six local Children and Young People's Local Transformation Plans. The aim of this combined refresh plan is to establish a more consistent strategic framework for improving mental health and emotional wellbeing services for children, young people and their families across South West London.

BOARD PRIORITY/POLICY CONTEXT:

The NHS Five Year Forward View for Mental Health (FYFV) ended in March 2021 and covered the period from 2016-2021. The FYFV plan crossed over with the start of the new NHS Long Term Plan from 2019-2024.

The NHS Long Term Plan builds on the work set out in the FYFV plan for children and young people's mental health. This included the key ambitions for

- increasing access to NHS-funded community services
- expanding timely access to eating disorders services
- reducing inappropriate out of area placements
- improve transitioning between children's and adult mental health services
- and includes additional ambitions to deliver expanded crisis support.

The Plan describes the progress made against the Five Year Forward View for Mental Health and the NHS Long Term Plan vision, ambitions and targets for Child and Adolescent Mental Health Services (CAMHS). In addition, it supports the development and delivery of the transformation of mental health and emotional wellbeing services for children and young people.

The six South West London Clinical Commissioning Groups (CCG) merged into one South West London CCG in April 2020. SW London CCG continues to work with partners across health and social care to develop the Integrated Care Systems (ICS) framework and provider collaborative as set out in the government Health and Social Care white paper.

The move to an ICS represents the opportunity for joint working and collaboration across health and care, which will further benefit the transformation of children's and young people's mental health and emotional wellbeing services.

FINANCIAL IMPACT:

This report does not have any direct financial implications. It seeks to give an update on the delivery of work over the year as well as future plans and ambitions.

RECOMMENDATIONS:

The Board is asked to note and comment on the contents of the Local Transformation Plan refresh contained in the appendices.

1. BACKGROUND

- 1.1. This is the first South West London Clinical Commissioning Group's (SW London CCG) first joint transformation plan for children and young people's (CYP) mental health and emotional wellbeing. It brings together and builds on previous individual borough-based plans and refreshes ambitions, priorities, and proposals for the ongoing improvement of mental health services. Unlike in previous years, where the Local Transformation Plan refresh was submitted to NHS England for assurance, this combined refresh has been place level management led centrally by South West London Clinical Commissioning Group.
- 1.2. The SW London Local Transformation Plan (LTP) refresh describes progress against the Five Year Forward View for Mental Health and NHS Long Term Plan vision, ambitions and targets for Child and Adolescent Mental Health Services (CAMHS).
- 1.3. The plan acknowledges the significant and ongoing impact of the Covid-19 pandemic on the mental health of children, young people, and their families. Demand for services has increased and the CCG is working closely with providers across SW London to ensure services continue to meet the needs of children and young people.
- 1.4. Several key areas will be prioritised, including early support and prevention to further promote resilience and ensure children and young people can access early intervention services. There will be a move away from the tiered approach of service delivery with the implementation of the 'I -Thrive'

framework. This will ensure a stronger partnership approach with better flexible access to services.

- 1.5. The CCG will become an integrated care system during the lifespan of this plan. This will further support the approach to collaborative and joint working across health and care in SW London and ensure that the transformation of child and adolescent mental health services remains a top priority.

2. DELIVERY TO DATE

- 2.1. CAMHS Transformation Plans have helped to deliver Future in Mind and the Mental Health Five Year Forward View over the last five years.
- 2.2. The access target increase from 25% to 35% has been successfully achieved. The ambition is to go further with continued investment in preventive and early help services in schools, colleges and the community as well as expand core help to children and young people and crisis mental health services.
- 2.3. The Eating Disorders service has consistently met the national waiting time standards for urgent and routine referral up to March 2020, but the recent surge in demand has highlighted the need for additional investment in this specialist pathway.
- 2.4. The impact of COVID has dramatically changed the way services have been delivered. We saw the overnight move from face-to-face appointments to digital and online assessments and treatment for the majority of referrals.
- 2.5. A 24/7 all-age crisis pathway was established in April 2020 in response to COVID, offering telephone triage and face-to-face urgent assessments to avoid hospital admission. This also provided the possibility for a short admission without delay, where necessary for the safety of the children and young people's mental health condition.
- 2.6. New mental health support team in schools programmes will continue to be rolled out in 2021/22 to further help children with mild to moderate mental health needs within schools and colleges.
- 2.7. Develop closer working relationships between the CCG and Local Authorities to support CYP with SEND/EHCPs with improved access to specialist LD CAMHS and integrated therapy offer, including psychology and positive behavioural support.

OUR FUTURE PLANS

2.8. Future priorities within the plan are:

- To use additional CAMHS investment to deliver Long Term Plan ambitions. This will include a more integrated 0-25 mental health service delivery model that works in close collaboration with partners in children and young adult services.
- Continue to transform access to services, including the digital offer, early help in schools and colleges to meet national targets.
- Deliver joined up specialist pathways that move away from tiers and age cut-offs. This will offer children and young people and families more choice when transitioning into adult services.
- Re-establish the intensive treatment option for children and young people with eating disorders to prevent the need for inpatient treatment
- Establish a fully integrated children and young people crisis service across SW London that includes timely self-harm and urgent crisis assessments. This will include capacity to deliver outreach and home treatment to children and young people and their families when they need it

3. CONSULTATION

3.1. The SW London Local Transformation Plan refresh has been written with children, young people, young adults (0-25) and their parents/families/carers in mind. Active engagement and participation in shaping and implementing the SW London Local Transformation Plan as well as borough-based priority projects is welcomed and encouraged from this key audience.

3.2. Feedback on the refreshed transformation plan is being sought after from Health and Well Being boards across the six boroughs along with the following forums taking place before the end of January:

- Health and Care Partnership Programme
- SWL CCG Quality & Performance Oversight Committee (QPOC)
- SWL Recovery and Transition Board
- SWL CCG Governing Body

4. FINANCIAL AND RISK ASSESSMENT CONSIDERATIONS

- 4.1. This report does not have any direct financial implications. It reports on the SW London Local Transformation Plan refresh and does not contain direct proposals.

Approved by: Philip Herd on behalf of the Head of Departmental Finance,
Croydon Council

Approved by: Jonathan Robinson, Head of Finance – Croydon CCG on behalf
of the Director of Finance, Croydon Clinical Commissioning Group

5. LEGAL CONSIDERATIONS

- 5.1. In 2015, the Children and Young People's Mental Health and Wellbeing Taskforce released their Future in Mind guidance outlining the aims for transforming the way Children and Adolescent Mental Health Services are delivered nationally. The refreshed Children and Young People's Emotional Wellbeing and Mental Health Local Transformation Plan for 2021 is in line with this and the NHS Long Term Plan published on 7th January 2019.

- 5.2. In addition, the following legal provisions should also be borne in mind:

- 5.3. The Children and Families Act 2014 provides a system of support across education health and social care to ensure that services are organised with the needs and preferences of the child and family, from birth, to the transition to adulthood. The support includes provision for children with long term health conditions, as well as and including mental health.

- 5.4. The Children and Families Act 2014 requires local authorities CCG's and NHS England, to establish joint commissioning arrangement to improve outcomes for children and young people.

- 5.5. Local Authorities have a duty under section 17 of the Children Act 1989 to safeguard and promote the welfare of 'children in need' in their area by providing appropriate services to them.

- 5.6. The Care Act 2014 applies to young people transitioning to adulthood. Under section 1(2)(b), Local authorities have a duty to promote the general wellbeing of individuals including their mental health.

Approved by: Doutimi Aseh, Interim Director of Legal Services & Interim Deputy
Monitoring Officer.

6. HUMAN RESOURCES IMPACT

- 6.1. There are no human resources impacts from this report
- 6.2. No further comments from Human Resources. Happy to sign off.

Approved by Debbie Calliste, Head of Human Resources for Adult Social Care and Health and Children, Young People & Families on behalf of the Director of Human Resources.

7. EQUALITIES IMPACT

- 7.1. South West London Clinical Commissioning Group has health inequalities featured throughout its work and continues to commission services to address health inequalities experienced in emotional wellbeing and mental health by children and young people.
- 7.2. Reducing health inequalities is an overarching principle within Croydon and continues to be a key focus for both South West London Clinical Commissioning Group and the Health & Wellbeing Board.
- 7.3. Denise McCausland, Equality Programme Manager
- 7.4. Approved by Debbie Calliste, Head of Human Resources for Adult Social Care and Health and Children, Young People & Families on behalf of the Director of Human Resources.

8. DATA PROTECTION IMPLICATIONS

- 8.1. **WILL THE SUBJECT OF THE REPORT INVOLVE THE PROCESSING OF 'PERSONAL DATA'?**

NO

- 8.2. **HAS A DATA PROTECTION IMPACT ASSESSMENT (DPIA) BEEN COMPLETED?**

NO

- 8.3. Comments from Alison Tingle, IG Subject Matter Expert Manager:

I confirm that the South West London CCG Local Transformation Plan Refresh report has been reviewed and am satisfied that it does not contain any identifiable data. The completion of a DPIA is therefore not necessary in this circumstance, and I am content to sign this off from an IG perspective.

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APPENDICES TO THIS REPORT

Appendix 1 - Transforming Mental Health Services for Children, Young People (0-25) and their families across South West London 2021 - Transformation Plan.